**The Circle**

The circle sees what is hidden

With eyes, ears, hand, and heart:

Where there is brokenness, the circle shows us wholeness.

Where there is deep pain, the circle shows us strength.

Where there is self-doubt, the circle shows our gifts.

Where there is anger, the circle shows us love.

Where there is frustration, the circle shows us passion.

Where there is despair, the circle shows us hope.

Where there is loss, the circle shows us gratitude.

Where there is darkness, the circle shows us light.

Where there is exhaustion, the circle holds us up.

**I am the circle, you are the circle, we are the circle.**

Our circle has shown us we are among great women,

We are with she who is:

Loved and loving

Kind and forgiving

Helpful and grateful

Intelligent and wise

Growing and understanding

Generous and spiritual

Patient and forgiven

Talented and reflective

We are with she who is a light, sometimes without knowing

The circle is continuous, it holds us

No matter where we are, our circle is present.

Written by Laura Jackson (a soul circle participant)

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